

Logan Mitchell (they/them)
Department of Philosophy
University of North Carolina at Chapel Hill
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AREAS OF SPECIALTY

Ethics (esp. Moral Psychology & Applied Ethics), Social/Political Philosophy, Buddhist Philosophy

AREAS OF COMPETENCE

Feminist Philosophy, PPE, Philosophy of Law

EDUCATION

University of North Carolina at Chapel Hill **In Progress**

Ph.D. in Philosophy

Dissertation: *Mindfulness, Morality, and the Good Life*

Committee: Alex Worsnip (co-advisor), Rebecca Walker (co-advisor), Susan Wolf,
Nic Bommarito (external), Emily McRae (external)

University of North Carolina at Chapel Hill **2023**

M.A. in Philosophy

Thesis: “Mindfulness and Moral Emotions”

Committee: Alex Worsnip (co-advisor), Rebecca Walker (co-advisor), Rosalind Chaplin

Arizona State University **2020**

B.A. in Philosophy, *summa cum laude*

Certificate, Ethics

Certificate, Nonprofit Professional

Undergraduate Mentor: Cheshire Calhoun

PUBLICATIONS

“Delegitimizing Transphobic Views in Academia,” *Journal of Ethics and Social Philosophy*, 30(4), 2025.

“Enhancing Animals is “Still Genetics”: Perspectives of Genome Scientists and Policymakers on Animal and Human Enhancement,” (with Rebecca Walker, Zach Ferguson, and Margaret Walz), *AJOB Empirical Bioethics*, 1-9, 2024.

IN PROGRESS (drafts available upon request)

“Mindfulness, Aversion, and Morality” (R&R at *Philosophical Psychology*)

“Mindfulness for Anger-Embracers”

“On the Value of Living in the Present Moment”

“Mindfulness, Moral Agency, and the Attention Economy”

“The Case for Mindfulness-Based Bioethics”

PRESENTATIONS (refereed unless otherwise noted)

“On the Value of Living in the Present Moment”

Central APA, Colloquium (exp. February 2026)

“Mindfulness, Aversion, and Morality”

Poster, International Society for Contemplative Research (exp. November 2025)

Annual Meeting, Society for Philosophers in the Contemporary World (July 2025)

(Winner: Joe Frank Jones Award for Graduate Student Paper)

Transatlantic Workshop in Practical Philosophy (May 2025)

“Mindfulness for Anger-Embracers”

Pacific APA, Diversity Institute Alumni Session (April 2025)

Uehiro Graduate Conference, University of Hawaii at Manoa (January 2025)

40th International Social Philosophy Conference (NASSP) (July 2023)

Carolina Seminar on Philosophy, Ethics, and Mental Health (Invited, March 2023)

“Relational Equality and (Just) Discrimination”

Duke-UNC Graduate Philosophy Conference (March 2025)

Eastern APA, NASSP Session (Jan 2025)

“On Being Petty as Resisting Oppression”

Canadian Society for Trans and Feminist Philosophy Conference (August 2024)

Parr Center for Ethics Undergraduate Fellow Speaker Series (Invited, March 2024)

“Mindfulness, Virtue, and Value”

Duke-UNC Graduate Philosophy Conference (March 2024)

“Delegitimizing Transphobic Views in Academia”

Eastern APA, Colloquium (January 2023)

39th International Social Philosophy Conference (NASSP) (July 2022)

Annual Meeting, Society for Philosophy in the Contemporary World (July 2022)

FELLOWSHIPS & AWARDS

Service Fellowship, Educating for the Virtues of Attention Initiative <i>Parr Center for Ethics</i>	Spring 2026
Alternate, Charlotte W. Newcombe Dissertation Fellowship <i>Charlotte W. Newcombe Foundation</i>	2025-2026
Award for Excellence in Undergraduate Teaching by a Graduate Student <i>UNC Philosophy Department</i>	2024-2025
Maynard Adams Senior Fellow for the Public Humanities <i>Carolina Public Humanities</i>	2023-2024
Maynard Adams Fellow for the Public Humanities <i>Carolina Public Humanities</i>	2022-2023
Horace Williams Fellowship <i>UNC Philosophy Department</i>	2021-2022

UNDERGRADUATE TEACHING EXPERIENCE

As Faculty Associate at Arizona State University

- Philosophy of Law (Exp. Spring 2026 – Asynchronous Online)

As Instructor of Record at UNC (In person unless otherwise specified)

- African American Political Philosophy (Fall 2024)
- Bioethics (Summer 2024 – Remote Synchronous Instruction)
- Ethics of Peace, War, and Defense (Spring 2024)
- Buddhist Philosophy (Fall 2023)
- Feminist Philosophy (Summer 2023 – Remote Synchronous Instruction)

Teaching Assistantships at UNC

- Gateway to Philosophy, Politics, and Economics, Spring 2023 (for Luc Bovens)
- Introduction to Critical Thinking, Fall 2022 (for Ram Neta)

Guest Lectures

- *Mindfulness, Aversion, and Morality*, BPM438 – *Mindfulness Meditation: Science & Research* (Prof. Elli Weisbaum), University of Toronto, Fall 2025.
- *Ethics & Happiness: A Cross-Cultural Perspective*, NEW271 – *The Happy Mind: Scientific Perspectives on Wellness* (Profs. Elli Weisbaum & Mark Miller), University of Toronto, Fall 2025.

Other Teaching Experience

- Asynchronous Teaching Fellow, UNC Philosophy (Summer 2025)
 - Designed materials for teaching philosophy online asynchronously
- Mindfulness, Virtue, and Justice, Parr Center for Ethics (Spring 2024)
 - Led four cohorts of UNC undergraduates a six-week course connecting mindfulness-based contemplative practice to moral, social, and political values
- Syllabus Diversification Fellow, UNC Philosophy (2023-2024)
 - Worked with multiple professors to diversify their undergraduate syllabi along a variety of dimensions, including promoting non-Western perspectives, BIPOC authors, and gender minorities

SERVICE TO THE PROFESSION

- Ethics on Campus Graduate Mentor, Parr Center for Ethics (2024-2025)
- Accessibility & Inclusion Committee, North American Society of Social Phil. (2023-present)
- Graduate Council Chairperson, UNC Philosophy (2022-2024)
- Diversity Committee, UNC Philosophy (2021-2025)
- Balter Diversity Fellowship Graduate Mentor, UNC Philosophy (2021-2023)
- Affiliated Graduate Student, UNC Philosophy, Politics, and Economics (2021-present)
- Graduate Fellow, Parr Center for Ethics (2021-present)

PUBLIC PHILOSOPHY

- PPE Reading Group on Rob Reich's *Just Giving* (2025)
- Intergenerational Outreach Fellow, Parr Center for Ethics (2024-2025)
- Organizer, PPE Salon on the Duty to Vote (2024)
- Workshop on Mindfulness for Civic Engagement, Carolina Public Humanities (2024)
- PPE Reading Group on Myisha Cherry's *The Case for Rage* (2023)
- K-12 Outreach Fellow, Parr Center for Ethics (2022-2023)
- Organizer, PPE Salon on Student Loan Forgiveness (2022)
- Judge, National High School Ethics Bowl (2021-present)

ADDITIONAL RELEVANT TRAINING & EXPERIENCE

Languages

- Pāli (reading proficiency for research; ongoing study)
- Sanskrit (intermediate reading)

Pedagogy Experience

- Quality Matters, Applying the QM Rubric (APPQMR) Workshop (Summer 2025)
- UNC Chapel Hill, Online Course Development Program (Spring 2024)

- Competence in Designing and Teaching Courses via Canvas LMS

Research Positions

- Research Fellow, *Animal Studies Project* (UNC, Summer 2024)
- Research Assistant, *Incidental Enhancement & Human Genome Editing Grant* (UNC, Spring 2024)
- Graduate Fellow, *Myisha Cherry's Emotions and Society Lab* (UC Riverside, 2023-2024)

Mindfulness & Meditation Training & Experience

- Brahmavihāras & Emptiness Immersive Online Course (BCBS, 2025)
 - Nine week immersive course designed by Bhikku Anālayo on the practice of brahmavihāra and emptiness meditations in early Buddhism
- Ānāpānasati Meditation Immersive Online Course (Barre Center for Buddhist Studies, 2025)
 - Nine week immersive course designed by Bhikku Anālayo on the practice of Ānāpānasati meditation (Full Awareness of Breathing)
- Satipatthāna Meditation Immersive Online Course (Barre Center for Buddhist Studies, 2025)
 - Nine week immersive course designed by Bhikku Anālayo on the practice of Satipatthāna meditation (Four Establishments of Mindfulness)
- Certified Mindfulness Teacher – Professional Level Credential (2024)
 - *Engaged Mindfulness Institute* (300-hour Teacher Training)
 - *International Mindfulness Teachers Association* (Accrediting Organization)
- Instructor & Curriculum Designer (Mindfulness First, 2019-2025)
 - I worked on various projects with Mindfulness First, a nonprofit devoted to promoting Mindfulness-Based Social and Emotional Learning to students and teachers, primarily in K-12 education. I was trained in the organization's curriculum and then taught mindfulness to elementary school children in the Fall of 2019. During the summer of 2020, I spearheaded the development of a new six-week curriculum focused on mindfulness as a tool for community engagement. In 2021, I became a consultant and curriculum designer for the organization, designing and teaching six lessons to teach mindfulness to corporations. Clients I taught include the US Bureau of Land Management and General Motors, among others. In 2024-2025, I consulted with the organization in revising their mindfulness curriculum for educators, while also facilitating a practice at Stanford University's Contemplation by Design Summit.

GRADUATE COURSES TAKEN (at UNC unless otherwise noted)

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- Moral Responsibility (Susan Wolf)
 - Bioethics Methods (Rebecca Walker)
 - Normative Ethics (Daniel Muñoz)
 - Partiality in Ethics (Susan Wolf & Sarah Stroud)
 - Political Epistemology (Alex Worsnip)
 - Political Polarization in PPE (Luc Bovens)

- Theories of Political Equality (Jeff Spinner-Halev)
- Metaethics (Alex Worsnip)
- Aristotle (David Reeve)
- First Person Epistemology (Ram Neta)
- Philosophy of Law (Matt Kotzen)
- Formal Epistemology (Matt Kotzen & Jim Pryor)
- Symbolic Logic (Jim Pryor)
- Wittgenstein (Alan Nelson)
- Sanskrit (Rich Freeman, Duke)
- Leibniz (Alan Nelson)
- Race, Gender, and Disability (Cheshire Calhoun, ASU)
- Normative Ethics (Shyam Nair, ASU)

REFERENCES

Alex Worsnip
Professor of Philosophy
UNC-Chapel Hill
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Rebecca Walker
Professor of Philosophy
UNC-Chapel Hill
rlwalker@email.unc.edu

Susan Wolf
Professor Emerita of Philosophy
UNC-Chapel Hill
susanw@email.unc.edu

Mariska Leunissen (Teaching Reference)
Professor of Philosophy
UNC-Chapel Hill
mariska@email.unc.edu

Nic Bommarito
Associate Professor of Philosophy
Simon Fraser University
nbommari@sfu.ca

Emily McRae
Associate Professor of Philosophy
University of New Mexico
emcrae@unm.edu

For official letters of recommendation, please contact UNC Departmental Proxy Rebecca Farris at rebecca1@unc.edu.